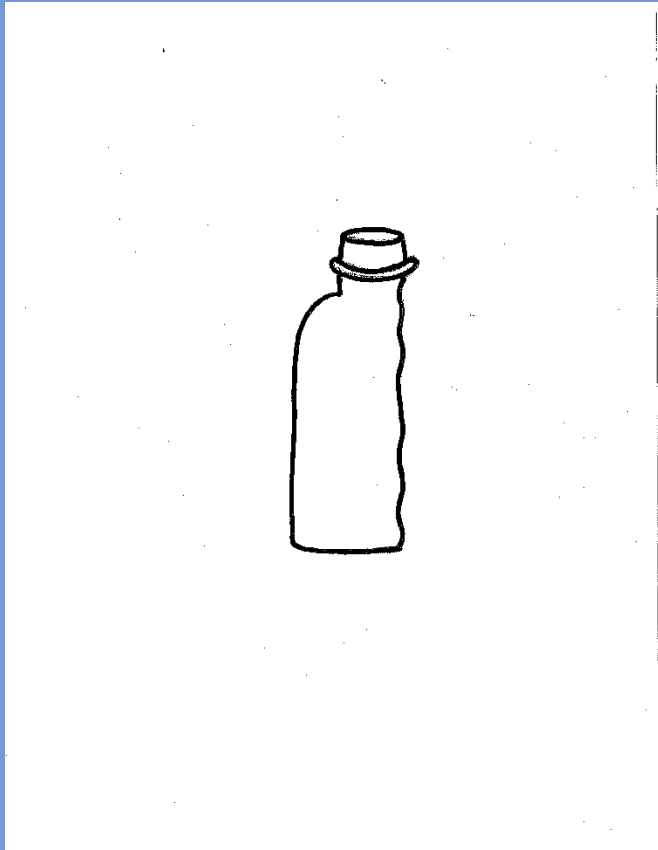


Instilling the Idea of Thriving and Building on the Strengths of Children

Andrea Sealey
Alternatives, Inc.



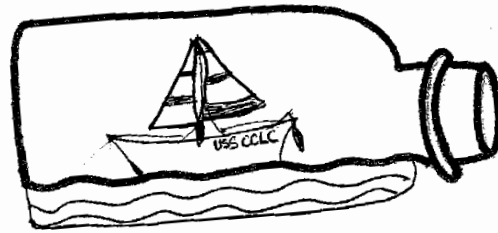
More Than One Way....



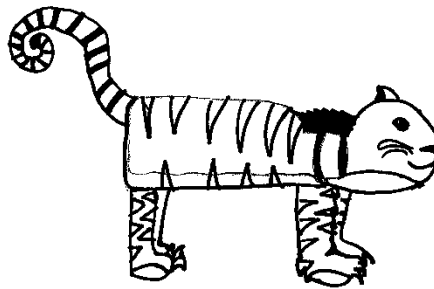
- No right or wrong
- No judgment
- Quiet the mind



One way...



Lots of Different Ways...



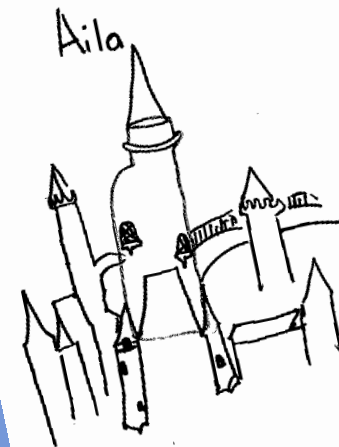
Aman's



Kenny



Wendy



Aila



**If you always do, what
you've always done....**

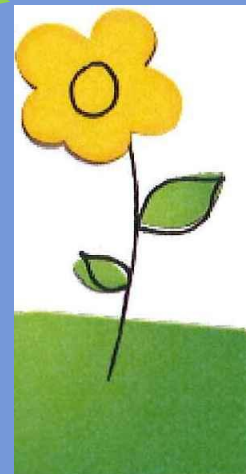
**You'll always get
what you've always
got!**



FIXED



GROWTH

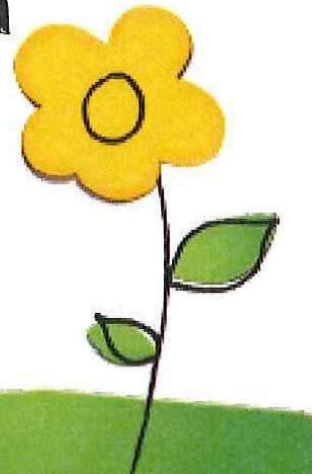




THRIVE

Definition:

“to move forward with positive development toward one’s full potential”



3

To



1

Start with your own
mental paradigm shift!



3

To



2

Craft activities to help
your young people
develop a growth
mindset.



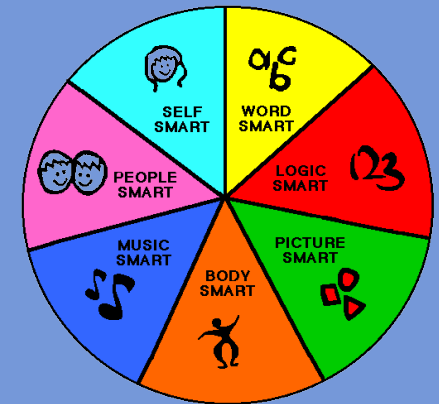
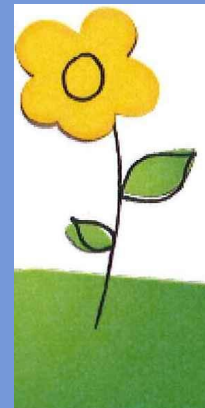
3

To



2

Craft activities to help
your young people
develop a growth
mindset.





To



Guide your young people through a goal setting process.



3

To



1

How can you change your view of the young people with whom you work?

2

What activities do you already do or can begin to intentionally do to help your young people develop a growth mindset?

3

What do you already do or can do differently to help young people establish goals?

